



## Individual Health Care Plan (IHCP) & Medication Consent

### Who needs to complete an Individualized Health Care Plan?

- This form is required for any child who attends Fun Club or summer camp that may require the administration of medication while in the care of the Boys & Girls Club.

### Who signs this form?

- This form must be completed and signed by both a parent/guardian **and** your child's doctor.

### Can you accept my child's Action Plan instead?

- Yes. We will accept their Asthma or Allergy Action Plan outlining the steps to administer the medication as long as it has been completed within the last year and electronically signed by the child's doctor. A separate medication authorization form will need to be completed by the parent in this case as well.

### Who needs to complete a Medication Consent Form?

- A Medication Consent Form is required for any child who may need to have medication administered while in the care of the Boys & Girls Club of Greater Billerica. This form is required for ALL medication including emergency, routine prescription medication, over the counter medication, and topical medication.

### Who needs to sign the Medication Consent Form?

- **Prescription medication:** Form must be completed and signed by both the parent/guardian **and** your child's doctor. Instructions listed on the prescription label must match what is written on the Medication Consent Form.
- **Non-prescription medication** (*i.e. Benadryl or Tylenol*): Form must be completed and signed by both the parent/guardian **and** your child's doctor.

### How often do these forms need to be completed?

- New forms are required at the beginning of every program (Fun Club, Summer Camp), we do not transfer forms over from one program to another. Forms are good for ONE calendar year, unless any changes are made to your child's treatment plan. If changes are made, an updated form must be completed and returned to the Club ASAP.

### How should these forms and medication be given to the Boys & Girls Club?

- IHCP Forms can be mailed to [childcarebilling@billericabgc.com](mailto:childcarebilling@billericabgc.com) or faxed to (978) 663-8572.
- Medication must be dropped off to the Club BEFORE your child's first day of the program.
- Medication must be in its original packaging with your child's name clearly visible.
- **Prescription medication** (*i.e. Epi-Pens, inhalers*) must be in its original pharmacy bottle/container and be accompanied by a prescription label.
- **Non-prescription medication** (*i.e. Benadryl or Tylenol*) must be in a clear bag with your child's name clearly written on it.
- **Your child cannot begin our program until all forms and medication have been submitted and reviewed by our Childcare staff team.**

### What happens if the medication expires?

- Any expired medication will be given back to parents/guardians or discarded safely. Parents must replace medication as soon as it expires.



**BOYS & GIRLS CLUB**  
OF GREATER BILLERICA

## Individual Health Care Plan Form

*Forms must be updated annually or any time a change occurs in your child's health care condition or plan of action.*

*Check all that apply....*

**Plan was created by:**

☐ Doctor or Licensed Practitioner

☐ Other: \_\_\_\_\_

**Plan is maintained by:**

☐ Boys & Girls Club Administrative Team

**Name of Child:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Name of chronic health care condition:**

\_\_\_\_\_

**Description of chronic health care condition:**

\_\_\_\_\_

\_\_\_\_\_

**Symptoms:**

\_\_\_\_\_

\_\_\_\_\_

**Medical treatment necessary while at the program:**

\_\_\_\_\_

\_\_\_\_\_

**Potential side effect of treatment:**

\_\_\_\_\_

\_\_\_\_\_

**Potential consequences if treatment is not administered:**

\_\_\_\_\_

\_\_\_\_\_

**Name of Licensed Health Care Practitioner (please print):** \_\_\_\_\_

**Licensed Health Care Practitioner Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Phone Number for Licensed Health Care Practitioner:** \_\_\_\_\_

**Name of Parental/Guardian (please print):** \_\_\_\_\_

**Parental/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Phone Number for Parent/Guardian:** \_\_\_\_\_

### TO BE COMPLETED BY THE CLUB :

**Name of educator(s) that received training addressing the medical condition:**

• Site Coordinator: \_\_\_\_\_

• Other: \_\_\_\_\_

**Person who trained the educator: (To be Completed by the Program)**

• Trained by Massachusetts EEC Strong Start Training Modules

• Directions contained on Medication Administration Form/Prescription, as applicable

• Other, as applicable: \_\_\_\_\_



**BOYS & GIRLS CLUB**  
OF GREATER BILLERICA

## Medication Consent Form

Plan must be renewed annually or when child's condition changes

**(SEPARATE FORMS MUST BE COMPLETED FOR EACH MEDICATION TO BE ADMINISTERED)**

Name of Child: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Name of Medication: \_\_\_\_\_

**Please select one of the following:**

- ☐ Prescription
- ☐ Oral/Non-Prescription
- ☐ Topical Non-Prescription
- ☐ To be applied to open wound/broken skin

**Please select one of the following:**

- ☐ My child has previously taken this medication
- ☐ My child has **not** previously taken this medication, but this is an emergency medication and I give permission for staff to give this medication to my child in accordance with his/her individual health care plan

Dosage: \_\_\_\_\_ Frequency of dose: \_\_\_\_\_

- **Start Date:** \_\_\_\_\_ **End Date:** \_\_\_\_\_ *(Must not exceed one-year date of authorization)*
- **Please select how often the child should receive the medication**
  - ☐ Daily
  - ☐ On emergency basis in accordance with child's individual health care plan
  - ☐ Other: \_\_\_\_\_
- **Times medication to be given:** \_\_\_\_\_
- **Route of administration:** \_\_\_\_\_

**Special Instructions/ Precautions (i.e. give on empty stomach, with water, etc.):**

**Reasons for medication:** \_\_\_\_\_

**Possible side effects:** \_\_\_\_\_

**Directions for storage:** \_\_\_\_\_

**Prescribing Health Care Practitioner:**

Name of Licensed Health Care Practitioner (please print): \_\_\_\_\_

Licensed Health Care Practitioner Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone Number for Licensed Health Care Practitioner: \_\_\_\_\_

**Parent Guardian Consent:**

I, \_\_\_\_\_, give permission to authorize properly trained educator(s) at the **Boys & Girls Club of Greater Billerica** to administer medication to my child as indicated above.

Parental/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Phone Number: \_\_\_\_\_