

PARENT HANDBOOK

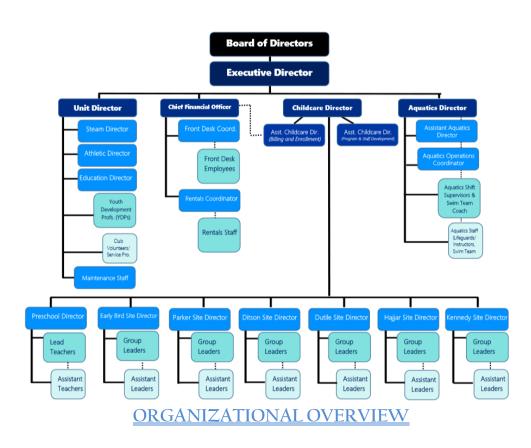


Boys & Girls Club of Greater Billerica 19 Campbell Road Billerica, MA 01821 Phone: (978) 667-2193 Fax: (978) 663-8572 Website: <u>www.billericabgc.com</u>

The Boys and Girls Club of Greater Billerica, Inc. provides equal access to public accommodation. Applications for enrollment are acted upon without regard to race, religion, national origin, handicap, or sexual orientation.

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PROGRAM OVERVIEW

Statement of Purpose

The Boys and Girls Club of Greater Billerica, Inc. Fun Club and vacation day programs were established to serve as a vital community service by providing affordable, supervised child care for children in grades kindergarten through fourth. The philosophy of the program is to provide a professionally supervised environment for its members to grow physically, socially, and emotionally through a wide variety of planned activities and experiences. The goals of these programs are to provide opportunities for self-expression; activities that allow for personal achievement and accomplishment; physical activities and learning experiences that are new; opportunities for identification with others, and a sense of belonging; and to develop a sense of personal worth and self-confidence; sportsmanship and the ability to enjoy oneself as a group member. Snack, arts and crafts, physical activities, small group activities, reading, games, puzzles, and a variety of other activities are provided to meet the developmental needs of all group members.

The Boys & Girls Club does not discriminate in providing service to children and their families on the basis of race, religion, cultural heritage, political beliefs, disability, marital status, sexual orientation, gender, or national origin. The Childcare Director will make every effort to accommodate children with disabilities. Placement decisions will be made by the Childcare Director, in consultation with parents and provided to parents in writing. Children with disabilities are admitted provided that there is no undue financial burden on the program and that the nature of the program does not need to be altered.

Licensing

The Fun Club program recognizes the Office of Early Education and Care (EEC) as its licensing authority. Regulations and compliance history are available upon request.

Office of Early Education and Care 360 Merrimack Street, Building 9, 3rd floor Lawrence, MA 01843 978-681-9684

Program Plan

The Program Plan is to provide opportunities for self-expression and the development of independence; activities that allow for personal achievement, accomplishment, and decision-making; physical activities and learning experiences that are new; opportunities for identification with others, and a sense of belonging and responsibility; both a culturally enriching and diverse program; and a choice of activities for members, including personal/free time.

Unscheduled & Scheduled Early Releases:

On scheduled early release and half-days, Fun Club will operate from school dismissal until 6:00 p.m. In the event that the children are released from school early, children at the Parker, Ditson, Kennedy, Dutile, and Hajjar will remain at school until pickup. *Parents are urged to pick up their child as early as possible during inclement weather.*

Scheduled School Closures

When school is closed, childcare programs (Fun Club) are held at the Boys & Girls Club for the full day (8:00 AM – 4:00 PM). Separate registration and fees is required (Vacation Weeks/No school Days). A variety of games and activities, including swimming, will be offered on these days. Please pack a bathing suit and towel if your child would like to swim. Children must bring their own lunches to the program.

Inclement Weather Policy

When Billerica Public Schools are cancelled due to weather, the Club will also be closed.

2023-2024 SCHOOL YEAR

September 5, 2023- First day of School (Grades 1-12) – No care for Kindergarten students. September 6, 2023- First day of School (Kindergarten) September 19, 2023- Early Release for all grades/schools

October 9, 2023- Columbus Day (Sites and Club Closed) October 25, 2023- Early Release for Elementary Schools only

November 2, 2023- Early Release for Elementary Schools only November 7, 2023- Professional Development (Fun Clubs Closed; Boys and Girls Club opened 8a.m.-4p.m.) * November 10, 2023- Veteran's Day (Fun Clubs Closed; Boys and Girls Club opened 8a.m.-4p.m.) * November 22, 2023- Half Day (Sites open from school dismissal until 6:00 p.m. –<u>Lunch is provided</u>) November 23, 2023- Thanksgiving Break (Sites and Club Closed) November 24, 2023- Thanksgiving Break (Sites and Club Closed)

December 4, 2023- Early Release for Elementary Schools only December 22, 2023- Half Day (Site opened from school dismissal until 6:00 p.m. - <u>Lunch is provided</u>) December 26, 27, 28, 29, 2023- December Break (Sites and Club Closed)

January 1, 2024- New Year Day Observed (Sites and Club Closed) January 15, 2024- Martin Luther King Jr. Day (Fun Clubs Closed; Boys and Girls Club opened 8a.m.-4p.m.) * January 18, 2024- Early Release for Elementary Schools only

February 6, 2024- Early Release for all grades/schools February 14, 2024- Early Release for Elementary Schools only February 19-23, 2024- February Vacation (Fun Clubs Closed; Boys and Girls Club opened 8a.m.-4p.m.) *

March 5, 2024- Early Release for all grades/schools March 13, 2024- Early Release for Elementary Schools only March 28, 2024- Early Release for Elementary Schools only March 29, 2024- Good Friday (Fun Clubs Closed; Boys and Girls Club opened 8a.m.-4p.m.) *

April 15-19, 2024- April Vacation (Fun Clubs Closed; Boys and Girls Club opened 8a.m.-4p.m.) *

May 21, 2024- Early Release for all grades/schools May 27, 2024- Memorial Day (Sites and Club Closed) May 29, 2024- No School/Fun Club for Current Kindergarteners

June 3, 2024 - Early Release for Elementary Schools only June 19, 2024 - Juneteenth (Sites and Club Closed) June 24, 2024 - Last Day of School (Site opened from school dismissal until 6:00 p.m. - <u>Lunch is provided</u>)

* Pre-Registration is required for vacation weeks and No-School Days. Fee not included in monthly tuition. BGC may decide to close during school vacation and/or Holidays if enrollment is too low.

CHILDCARE BILLING

Payment Schedule for Childcare Programs

Fees are based on a 10-month cycle, and are due in monthly installments (by the 25th for the following month). These fees include school days, early release days, and half days. School vacations and holidays are a separate charge. The first payment is due by August 25th, and the final payment is due by May 25th. If payment is not received by the 25th, a **\$25 late fee** will be assessed. If the payment and late fee are not received by the last day of the month, your child will not be allowed in the program until your account is up to date.

Payments can be made online from your emailed invoice or at the Club. You can also set up automatic monthly withdrawals from a bank account. Please contact Billing for more information about auto-withdrawals at 978-667-2193 x103 or childcarebilling@billericabgc.com.

Payment Due Date:	For the Month of:
August 25, 2023	September
September 25, 2023	October
October 25, 2023	November
November 25, 2023	December
December 25, 2023	January
January 25, 2024	February
February 25, 2024	March
March 25, 2024	April
April 25, 2024	May
May 25, 2024	June

Late Fees

If payment is not received by the 25th of each month, a \$25 late fee will be assessed. If the payment and late fee are not received, your child will not be allowed in the program until your account is up to date.

<u>MyProcare</u>

MyProcare is a parent portal available to all childcare families. Current families have access to information, such as child schedules, time cards, financial history, their balance due, as well as the ability to make mobile payments. Payments can be made online via your MyProcare parent portal, or at the Club. To access MyProcare, please visit: https://www.myprocare.com/

Payment Methods

In addition to your MyProcare parent portal, parents may pay by cash, check, or credit card at the Club. They may also call to pay over the phone. Please contact Childcare Billing for more information about auto-withdrawals at 978-667-2193 x103 or <u>childcarebilling@billericabgc.com</u>.

A \$10 discount per month will be given if you sign up for an auto-withdrawal from your checking or savings account.

Schedule Changes

If you wish to change your child's schedule (either permanently or for only one day/week), you must submit requests to the Director of Enrollment and Billing, Yeli Ruiz. Requests can be made via email only. Parents must receive confirmation of the change before altering a child's schedule. <u>Requests for changing schedules or adding days cannot be approved by Fun Club staff.</u> All changes must be made by the 15th of the month prior to avoid charges.

CHILDCARE DAILY ROUTINE

Fun Club operates from school dismissal until 6:00 PM

Sample Daily Schedule:

- 2:45PM—Children are dismissed from their classrooms and begin report to the cafeteria. Each child is checked in.
- 3:00PM—Site Coordinators give an overview of the day & Snack is provided
- 3:15PM—Children either participate in quiet homework or participate in an alternative activity (gym, playground, quiet activities inside)
- **3:45PM**—Children either participate in the "special activity" of the day, free play in the cafeteria, or gym/playground games
- 5:00PM— Children either participate in free play in the cafeteria or gym/playground games
- **5:30PM**—Gymnasium closes; Children can participate in free play in the activity.

6:00PM—Fun Club Closes

<u>Attendance</u>

Upon arrival at Fun Club or no-school days, every child will be checked in by a staff member. <u>If your child</u> <u>will not be at Fun Club, please call or email Childcarebilling@billericabgc.com</u> to let us know by <u>I2PM on the day of the absence</u>. If a child that is expected does not arrive to Fun Club, a parent will be called to find out where that child is. Fun Club Staff will also ask the school administration if they know the whereabouts of the child. If the child can't be located by parents, school administration, or emergency contacts, <u>the child will be reported to the Billerica Police Department as a missing child</u>. The Boys and Girls Club shall keep and maintain daily attendance records, including arrival and departure times. In addition, the Club shall know exactly which children are on the premises at any point in the day. **Parents** who fail to report a student absence by 12PM will be charged a \$20 "no call" fee.

Supervision

Childcare program staff supervises children in the program at all times while in the care of the Club to ensure their health and safety. The Club will ensure that there is always adequate staff present to supervise children in the program, and staff are responsible for being aware of a child's ongoing activity at all times.

Snack/Lunch Time

Depending on the school site, snack takes place immediately after check in. Once all Fun Club children have arrived at their site and have washed their hands, they are to be seated to consume their afternoon snack. Snack is provided by the Fun Club and consists of a wholesome snack and drink. Wholesome snacks include fruit, vegetables, cheese, popcorn, crackers, etc. Parents wishing to send a snack with their child

may do so, but the snack must be consumed during the snack period. Staff are to sit with children during snack/lunch time.

<u>Special Diets</u>: The Club shall follow physician's or parental orders in preparation or feeding of special diets to children and shall follow the directions of the parents regarding any food allergies of a child or where vitamin supplements are required. All staff should be aware of specialty diets of children, and these should be reviewed throughout the year on a monthly basis.

Homework

After the clean-up from snack time, Fun Club children with homework have the opportunity to complete their assignments under the supervision of a staff person. The environment will be free of any distractions (music, children playing, etc.) and children will have ample space to work in. The homework period should not exceed 30 minutes. Should a child require more time, they may continue to work in the cafeteria with the understanding that after homework time is concluded, the "quiet time" will no longer be in effect. Though the opportunity to complete homework assignments at the program is offered, it is the parent's decision whether or not their child must participate (Homework Contract). Children who do not have homework are removed to another area for free play.

Staff working in the homework area are responsible for maintaining a quiet environment and should spot check children's assignments as they are completed. However, staff are not responsible for working one-on-one with individual children during homework or ensuring that every assignment/problem has been checked.

"Special Activities" (Arts & Crafts, Science, Cooking, Tournaments/Contests, etc.)

Site Coordinators are responsible for the activity planning at each site, however, all staff members are encouraged to contribute their skills and ideas to the monthly activity plan. The monthly calendar and daily time schedules are posted on a bulletin board. These give a rough outline of the time table for the day's events. Actual activities are planned by the staff. It may be necessary, at times, to stray from the daily schedule when more time is needed for a specific activity or a special event. The activity schedule will be a well-balanced program including educational, cultural, physical, and social activities.

"Special Activities" are an enjoyable time for staff and members alike. Children may help in the setting up of supplies, assisting staff member with supplies, and distributing supplies to other children. Directions will be given to all children. All materials are provided by the Club. Children are not required to take part in special activities but have the choice to. Children are encouraged to assist in the post activity clean up, as this is a positive experience and aids in their social development.

Gym & Playground Activities

The gym and playground are the action-packed areas of the program. Children have the opportunity to participate in a wide variety of games and experiences. At all times, staff members are on alert to ensure for your child's well-being. Staff will encourage every child to participate in at least 30 minutes of physical activity every day.

Outdoor Play in Cold Weather

Fresh air is necessary growing children and because of this, we occasionally play outdoors (weather permitting) throughout the winter months. During the winter months, students are encouraged to bring outdoor attire so they may play outdoors.

Equipment

The Club will have age-appropriate materials, indoor and outdoor equipment, and furnishings accessible for all activities. There will be enough supplies and equipment to carry out the program plan and provide an adequate variety of activities for each child throughout the day. All materials, except those used for special projects, shall be non-toxic. Potentially hazardous materials may be used by children only for special projects, and only with direct adult supervision. Equipment shall be sturdy, safely constructed and available/accessible to children.

Check-Out Procedure

A parent, or other designated person, must check-out/sign-out each child at the end of the day. This policy ensures that children leave the program under supervision. Adults picking up children in the program must present a formal ID to verify against our records before picking up any children. If parents/designated adults do not have an acceptable ID, staff may not release a child into their custody.

Children ages 9 or older may leave the premises with written parent and educator consent, provided that the consent specifies the day and time the child will leave, the transportation the child will use, and the parent's responsibility for the child once they leave the premises. There is a specific form (Consent to Leave Program) which <u>must</u> be completed and approved by the Childcare Administration Team before this can take place.

The End of the Day for Fun Club

A minimum of two staff members will remain until the last child is picked up. Our Childcare programs will follow the procedures below in the event that a parent/guardian is late picking up their child:

Late Pickup Policy

- 1. Any parent/guardian who does not pick up their child(ren) by the designated time will be required to pay a fee of \$10.00/family for the first 10 minutes and then \$1/minute if later than 10 minutes will be applied to your MyProcare Account.
- 2. This program will maintain an updated list of individuals and telephone numbers authorized by the parent/guardian as emergency backup.
- 3. If a parent/guardian is more than 10 minutes late from the expected time or the end of the program, and has not contacted the program, staff will call the emergency backup names as given on the registration form. The program will ask an emergency contact person to pick up the child and release the child to his/her custody.
- 4. If the parent/guardian does not contact the program and if the staff is unable to reach the emergency backup individuals during a ½ hour time frame, staff will notify DCF or the Police Department that the child has been abandoned.
- 5. Staff may release the child to DCF or the Police Department, at their request. Unless this request is made, a staff member (approved to have direct contact with children) from the program will remain with the child.

TRANSPORTATION

Program Transportation

Children attending the Fun Club Program are dismissed by their classroom teacher and walk independently within the school to their Fun Club meeting site. The Club is not responsible for a child until they are checked into the program by a Fun Club staff member. Parents are responsible for transportation home from the program.

EDUCATORS

Educator Qualifications

The Club will ensure that the program is staffed by appropriate numbers of persons with experience and/or education in providing education and care to children from birth to age 12. (School-Age Staff to Child Ratio—1:13; Preschool Staff to Child Ratio—1:10) It will employ educators and volunteers who, by prior education, training, experience and interest in fostering development and early childhood education, are qualified to meet the needs of the children enrolled, and who meet the qualifications for their respective positions. No educator will regularly care for child care children more than 12 hours in any 24-hour period.

The Club will encourage educators to continue their education in their appropriate fields and to maintain open and ongoing communication within the program to enhance the quality of care provided to the children.

All educators will:

- Register annually with the Department of Early Education and Care.
- Possess the qualifications required for their positions
- Demonstrate and maintain at all times the physical, mental and emotional ability to care for the child for whom they are responsible in a way that meets the generally accepted physical, social, emotional and intellectual needs of children. Educators will follow good personal hygiene practices at all times.
- Exercise good judgment at all times and demonstrate an ability to handle emergency situations appropriately
- Complete the educator requirements set forth by the Department of Early Education and Care.

Background Checks

Every staff person/volunteer who applies for a position at the Boys & Girls Club of Greater Billerica will be subject to a DCF background check, CORI (criminal offender record information) check, SORI (sex offender registry information) check, and a fingerprint check through the national and state criminal history database check.

A candidate is not allowed to work and have unsupervised contact with the children in any program until the CORI, DCF, and SORI are approved and the program (or applicant) receives the candidate's fingerprint notification letter.

Educator Orientation

Orientation will be given to all employees before they begin working. No educator shall supervise or be solely responsible for children in care until they have received the minimum orientation described below:

- Employee Handbook including personnel policies;
- Child Care Staff Handbook including job descriptions, confidentiality policy, statement of purpose, statement of non-discrimination, child guidance policies and procedures for protecting children from abuse and neglect, suspension and termination program plans, referral procedures, transportation plans, procedures for parent visits, input, conferences and communication, the identification of the Department of Early Education and Care as the licensing authority, and the health care policy including medication administration policies;
- Information contained in the children's records that is pertinent to the education and care of the children;
- Emergency Management Plan including emergency plans and procedures

Position Qualifications

- <u>Assistant Leader</u>: An assistant leader assists the group leader in carrying out their responsibilities. An Assistant Leader shall be either:
 - 1. At least 16 years of age, work under the direct supervision of a group leader, and either:
 - Have a high school diploma or equivalent; or
 - Be currently enrolled in a high school program or equivalent; or
 - 2. 18 years of age or over and work under the general supervision of the group leader
- <u>Group Leader</u>: A group leader shall be at least 18 years of age and meet one of the following sets of requirements:
 - 1. Have a Bachelor's Degree or an Associate's Degree; and have 3 months of experience working with school age children; or
 - 2. Have a high school diploma or equivalent; and have 6 months of experience working with school age children including 3 months of supervised experience at a school age child care program; or
 - 3. Have 9 months of experience with school age children including 3 months of supervised experience at a school age child care program
- <u>Site Coordinator</u>: A site coordinator shall be at least 20 years of age and meet one of the following requirements:
 - 1. Have a minimum of a Bachelor's Degree in Child Development, Early Childhood Education, Elementary Education, Child Guidance, Human Services, Nursing, Psychology, Physical Education, Recreation, Child Psychology, the Arts, Social Work, Sociology, or Child Care; and have 6 months of experience working with school age children; or

- 2. Have a Bachelor's Degree in any field or an Associate' Degree in any field of study listed above and have 9 months of experience working with school age children; or
- 3. Have a high school diploma or equivalent; and have at least one year of experience working with school age children
- <u>Childcare Director (Program Administrator)</u>: The Childcare Director will be at least 21 years of age and meet the requirements of a Site Coordinator. In addition, the Program Administrator will have 6 months of administrative experience or evidence of satisfactory completion of at least 9 credits in management or administration subject areas from an accredited institution of higher learning.

****If responsible for multiple sites, written plan for number of sites responsible for, number of hours per week at each program, who will assume responsibility when designated administrator not available.

- <u>Volunteers</u>: All volunteers will attend a 2-hour orientation (including responsibilities, regulations, and expectations), provided by the Childcare Director. A log will be kept with dates and hours of orientation and service. All volunteers will be in compliance with EEC background record checks and be under the supervision of an EEC educator at all times. Volunteers do not count towards the EEC staff to child ratios.
- <u>Service Learners/Interns</u>: All service learners will meet with the Childcare Director for an introductory meeting. A log will be kept with dates and hours of orientation and service. All volunteers will be under the supervision of an EEC educator at all times and will not be left alone with children. Service learners do not count towards the EEC staff to child ratios.

COMMUNICATION WITH PARENTS

MyProcare Emails

Emails from the Boys & Girls Club will be sent to the email addresses listed on file through your MyProcare account. A parent must be listed as either a primary or secondary payer on their child's account to receive these updates.

Progress Reports

A written progress report will be prepared annually (at the midpoint of the program year). Parents will be offered a conference to discuss the content.

Parental Visits & Conferences

Parents are encouraged to visit the program at any time. No notification to the staff is required. However, parents who are visiting the program must realize that the staff's first priority is to the children and therefore they may not have the time to spend with a visiting parent. Parent conferences can be held at the request of a parent or Staff. Such conferences will be held when a problem or situation arises which requires additional attention that cannot be given during regular program hours.

Parental Complaints & Comments

Parents may address comments or complaints to the Childcare Director or Site Coordinator.

Parental input is a valuable asset to making the program work, therefore we encourage parents to realize that their opinions and comments count.

Notification of Legal Proceedings

The Club shall report to the EEC, in writing and within 10 days, of the legal proceedings brought against him or any person employed by the program if such proceeding arises out of circumstances related to the care of the children in the program or to the continued operation of the program.

Confidentiality of Family Information

102 CMR 3.10(4)(b) Information contained in a child's record is privileged and confidential.

102 CMR 5.13(1)(e) Information contained in children's, birth parent's, foster and adoptive parent's records shall be privileged and confidential.

606 CMR 7.04(12) Information pertaining to children and their families is privileged and confidential. No licensee or educator may distribute or release information about a child or his/her family to any unauthorized person, or discuss with any unauthorized person information about a child or his/her family without the written consent of the child's parent.

All EEC child care and placement licensing regulations contain provisions that protect the information contained in children's records from unauthorized use and from disclosure to anyone not directly involved in implementing the child's program without written consent of the child's parents. The intent of these regulations is to protect the privacy of children and families.

Therefore, early education and care and child placement programs and their staff may not distribute, share or discuss information (including photographs or other images) about children and families in their care by any means, whether written or verbal, using any medium, including but not limited to telephone, email or electronic text, without the expressed written permission of the child's parents or pursuant to a court order.

Images of children, whether or not they are identified by name, as well as personal information related to children and their families, may not be posted on "Facebook", "SnapChat", "Twitter", "Instagram", "TikTok" or any other similar online directory, social utility or networking website under any circumstances. However, images of children and personal information related to children and families may be shared on the restricted, private portions of such websites only with the express written permission of the child's parents (I.e. Club Websites, Club Social Media Accounts, and newspaper announcements.)

Early Education and Care (EEC) and Boys & Girls Club Fun Club Staff may not discuss children and families in their care with anyone not directly involved in implementing the child's program, including but not limited to other parents in the program, and may not distribute copies of information in a child's record without the expressed written permission of the parents or pursuant to a court order.

GUIDANCE AND DISCIPLINE POLICY

The goal of the Boys & Girls Club of Greater Billerica, Inc. is to provide a safe environment for all children. It is the hope of the Staff that every member treats the Club with respect and demonstrates proper behavior. It becomes necessary, however, to deal with inappropriate behavior quickly, professionally, and in a compassionate manner. The underlying goal is to reinforce the idea that <u>all behaviors</u> (appropriate or inappropriate) <u>and their consequences are in the child's control</u>.

Behavior Management

Parents please explain to your child the following:

- If someone is bothering you, tell a staff member and let them handle it. Two wrongs don't make a right.
- Any toys, games, or other materials brought from home are <u>your</u> responsibility. If they are lost, broken, or misused the Club is not responsible.
- You must be in sight of a staff person at all times, except when using the bathroom.
- Running, ball playing, and physical activities are only allowed in the gym and playground areas.

Behavior management measures will be reasonable and appropriate to a child's understanding/need. These measures should allow a child to grow and develop to their maximum potential, while protecting the group and the individual within. Time out and missing special activities/ field trips may be consequences of misbehavior.

All behavior infractions shall be documented, put in the child's folder, and a copy sent home. (*See Injury Reports above*) Suspension will be used as a last resort and will be given for 1-5 days, depending on the severity of the behavior and situation. Continuous inappropriate behaviors may result in permanent removal from the program. If requested by the Parent, the Club will provide information and referral for services.

Corporal punishment, including spanking, is prohibited. No student shall be subjected to crude or severe punishment, humiliation, or verbal abuse. No camper shall be denied water, food or shelter as a form of punishment. No child shall ever be punished for soiling, wetting or not using the toilet.

Possible reasons for termination from the program include, but are not limited to:

- 1. The Club determines the child is not adjusting to the program (in this event, a conference will be set up between parents and staff)
- 2. Stealing
- 3. Disrespect to staff
- 4. Fighting/attempt to injure
- 5. Bullying
- 6. <u>Parental behavior</u>: Inappropriate parental behavior includes, but is not limited to:
 - a. Disrespecting, humiliating, intimidating or ridiculing staff
 - b. Speaking inappropriately to other children in the program (this includes speaking to other children about their behavior)
 - c. Touching another child in the program or staff
 - d. Asking personal questions of other children in the program

7. The Club may also terminate a child if a parent/guardian fails to pay their tuition by the due date.

If a parent has concerns with any of the above policies involving their child, or their child's interactions with another child or staff in the program, they should address these concerns to the Childcare Director. Confidentiality will be maintained at all times towards children and their families.

Should a problem arise between your child and another child(ren) in our program, our confidentiality policy does not allow Club staff to share information regarding the other child(ren) and/or the consequences they received.

REFERRAL SERVICES

If a staff member notices any concerning social behavior, physical appearance, or attitude it is their responsibility to notify their immediate supervisor. Staff are responsible for documenting any observations, as well as efforts the program has made to accommodate the child's needs. Acting in the child's best interest, the supervisor will bring the matter to the attention of the parents/guardians. Once the program has obtained written informed consent of the parent the program will make the appropriate referrals and may share the information with appropriate personnel at the child's school. Program staff must maintain all documentation, including written informed consent from the parent/guardian, documentation of parent conferences and communications, and all observations and accommodations made on site.

Referral Numbers

Mental Health, Hearing, and/or Health Services:	Lowell General	978-937-6000
Vision:	Vision Works	978-667-0481
<u>Dental</u> :	MA Dental Society	800-342-8747
<u>Chapter 776</u> :	Director of Special Ed	978-528-8591
<u>Child at Risk</u> :		800-792-5200
Parental Stress Line:		800-632-8188
Poison Control:		800-222-1222

The program will make every reasonable effort to work with children and families with disabilities, in order for the child to successfully acclimate into our programs. In the event that a child identifies a disability at enrollment, or a disability is identified after enrollment that will require accommodations to be made, the program and its staff will take the following steps.

- 1. A meeting will be set up with the parents/guardians and possibly school personnel if the parent/guardians' consent. To discuss and document the specific accommodations that will be required
- 2. The program will determine whether the accommodations are reasonable and possible given the nature of the program, and the impact the accommodations would have on the program, as well as the availability of services provided elsewhere.
- 3. The program will then notify the parents of either:
 - a. Other services available to the family and/or its intent to terminate the child from the program
 - b. The accommodations being made for child, as well as its intent to work with the family and/or local service providers, the school, and the parents to best serve the child.

MANDATED REPORTING

All staff members are mandated reporters according to the Massachusetts General Law C119, Section 51A. This means that if a staff member has a reasonable suspicion of abuse or neglect of a child, he/she <u>must</u> file a report with the Department of Children and Families.

It is the Club's commitment to protect all children in care from abuse and neglect. The following are procedures for reporting suspected child abuse/neglect while the child is in the Club's care:

Suspected Neglect and/or Abuse by a Parent/Guardian/Relative/Etc.:

- A staff member who suspects abuse or neglect must document his/her observations including the child's name, date, time, child's injuries, child's behavior, and any other pertinent information. The staff member will discuss this information with the Childcare Director.
- The Program Director or the staff member with the assistance of the Program Director will make a verbal report to DCF, to be followed by a required written report 51A within 48 hours.

Suspected Neglect and/or Abuse by a Staff Member:

- Any report of suspected abuse or neglect of a child will be immediately reported to the Department of Children and Families and the Department of Early Education and Care. A meeting will be held with the staff member in question to inform him/her of the filed report.
- The staff member in question will be immediately suspended from the program with pay pending the outcome of the DCF and EEC investigations.
- If the report is screened out by DCF, the Program Director has the option of having the staff member remain on suspension pending the EEC investigation or allowing the staff member to return to the program. This decision will be made by the Program Director and will be based on the seriousness of the allegations and the facts available.
- If the allegations of abuse and neglect are substantiated, it will be the decision of the Program Director whether or not the staff member will be reinstated.
- The Program Director and staff will cooperate fully with all investigations.

If a staff member feels that an incident should be reported to DCF, and the Program Director disagrees, the staff member may report to DCF directly.

EMERGENCIES

Emergency information should be up to date at all times. Staff must be able to contact parents in case of an emergency. If changes occur, parents need to notify the Site Coordinator in writing or the Childcare Administration Team in writing.

In the event of a medical emergency:

- 1. Call EMS (911; from cell phone, call 978-667-1212)
- 2. Call parents
- Call emergency contacts if the parents cannot be reached *Depending on the urgency of the situation, parents may be contacted after initiation of EMS (911)*

Emergency Notifications

Medical Emergency
Police
Fire
Rescue
Hospital (Saints Memorial, Lowell)
Poison Control
MA Emergency Management Agency
Eastern Bus Company
Department of Social Services

911 (from cell phone, call 978-667-1212) 978-934-8346 800-222-1222 800-982-6846 617-628-6868/978-362-1142 978-275-6800

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HEALTH CARE POLICY

2023-2024

First Aid Equipment & Training

In the event of an injury, only staff who have current first aid certification will be allowed to administer it, no matter how minor the injury.

- SCHOOL YEAR: All staff must be first aid certified within six (6) months of employment. One Staff member certified in CPR must be on the premises during all hours of operation.
- SUMMER: At a minimum, one staff on site at all times, beyond the Health Supervisor, must be First Aid and CPR certified.

Each program site will have a first aid kit stocked with all necessary supplies as outlined below. Its location will be marked by a red cross on the front of the container, as well as the cabinet containing the kit (at off-site program). The first aid kits are stored out of reach of children, but easily accessible to staff in case of an emergency. First aid kits will be restocked throughout the year as needed, and will be inspected, at a minimum, at the start of each month.

First aid kits will be available on all program vans used to transport children in our care.

First Aid Kits must contain, at a minimum:

- 35 bandages
- 10 2x2 gauze pads
- 10 3x3 gauze pads
- 10 4x4 gauze pads
- 2 8x10 ABD pads
- 3 2" gauze roller bandage
- 3 3" gauze roller bandage
- 3 4" gauze roller bandage
- Roll adhesive tape
- 2 instant cold packs
- Scissors
- Thermometer
- Thermometer Probe Covers (1 box)
- Box of disposable gloves, 2 pairs of non-latex gloves
- Sling
- Saline eye wash
- Micro-shield or pocket mask with one-way valve (for CPR)
- Disposable Pillow Covers (minimum of 10)

Injury Prevention

The Club will make every reasonable effort to ensure a safe program site for all children enrolled in its programs, including at off-site locations. The supervising staff at each program site will make a daily safety check of the site to ensure the removal and/or repair of any potentially hazardous items or conditions. All toxic and hazardous substances are to be either disposed of immediately or kept in locked closets out of reach of the children.

No smoking is allowed on the premises.

Injury Reports

A formal injury report will be filed for any injury sustained by a child in care. The report must be filled out within 24 hours of the incident, and a copy will be provided to the parents. A copy will also be placed in the child's file. All injury reports are to be reviewed by the supervisor on duty prior to being sent home.

Injury reports are recorded in an Injury Log. The Injury Log is reviewed on a monthly basis. Parents are notified immediately of any injury requiring emergency care.

Injuries requiring the child to seek additional medical care, including but not limited to lacerations requiring stiches and broken bones, will be reported to the licensing agency by the Childcare Director (*School Year: Department of Early Education and Care; Summer: Department of Public Health*) in accordance with the agency's regulations. The licensing agency will be immediately notified of any serious injury requiring hospitalization or of the death of a child while in program care.

Medical Emergencies

In the rare instances where a child requires additional medical treatment, immediate action will be taken. Emergency contact information is posted at each program site, and is kept up to date at all times. The immediate needs of the child will be met by a staff member while another staff member contacts emergency medical systems (9-1-1). * Once medical services are in route; the parents will be notified. The EMS team will assess the situation and determine where the child will receive the next level of treatment.

In the event of a true medical emergency, staff will:

- 1. Call Billerica Emergency Services (9-1-1)
- 2. Call parents/guardians
- 3. Call emergency contacts if the parents cannot be reached
- 4. Notify the Childcare Director or other designated adult

* Staff will attempt to contact parents prior to calling 9-1-1 unless it would put the child's well-being at risk.

In the event of medical emergency requiring further care, the child will be transported via ambulance to the nearest hospital or emergency room facility and a parent/guardian will be contacted to meet an accompanying staff member at that facility. No staff is permitted to transport a child in their personal vehicle.

Emergency contact information for children in care is available during all program hours. Original copies will be kept at the program site, while a copy will be available through our online database.

It is parent/guardians' responsibility to update emergency contact information on file as it changes.

In the event of an emergency, program staff will make every effort to speak directly with the parent/guardian(s) of the child. In the event that we are unable to reach the parent/guardian at the work, cell, or home phone numbers listed in the child's record, staff will contact an emergency contact listed in the child's file.

In the event of an emergency while on a field trip or while transporting children, supervising staff will assess the situation, and give first aid as needed. A member of the staff present will contact the Childcare Director as soon as possible to inform them of the nature of the incident and extent of the injuries as well as discuss a proposed plan of action. The Childcare Director or other designated adult will ensure parent/guardian(s) of all children involved are notified.

On field trips or any time children are being transported, staff will bring the emergency contact forms for all children traveling, as well as a portable first aid kit, and a working cell phone. In the event that emergency transportation is needed, the Club will contract with A & F Bus company to arrange transportation.

Meeting the Health Needs of Individual Children

During registration, parents will be asked to record any known allergies, medical or behavioral conditions and/or specialty diets on their child's registration form. They will also need to record whether or not the child will require the administration of medication (routine or emergency) while in care.

All allergy lists will be posted in the snack storage cabinets (Fun Club) as well as in the children's records binders for easy access by staff. Allergy lists will be updated and reviewed monthly, or sooner if necessary as new children enroll or unknown allergies become known. All staff and substitutes will be kept informed of children's allergies/conditions by their supervising staff (Site Director or Age Group Director) so that children can be protected from any allergens and/or receive the support/attention needed.

For a child with specific food allergies or specialty diet needs, supervising staff will inform the program staff of substitutions for snacks when completing weekly snack menus.

In the event of an allergic reaction, an allergic child may be removed from the environment causing the allergic reaction, and/or the allergen will be taken out of the child's space, as appropriate to the situation.

The names of children with allergies that may be life threatening (i.e. bee stings, nut allergies) will be posted at each site and listed in the front children's records binder. Emergency medication (epi-pens) will be kept in a readily accessible location at each site out of reach of children, and the supervising staff will ensure all staff are aware of allergies and the location of emergency medication. The Childcare Director will be responsible for making sure that staff receives appropriate training to handle emergency allergic reactions. (See Page____ "First Aid")

Individual Health Care Plans (IHCP)

Any child who has been diagnosed by a licensed health care practitioner with a chronic medical condition and/or severe allergy must have an Individual Health Care Plan(IHCP) on file prior to their first day in care at the Boys & Girls Club of Greater Billerica. The plan must describe the condition, its symptoms, any medical treatment that may be necessary while the child is in care, the potential side effects of that treatment, and the potential consequences to the child's health if the treatment is not administered.

The IHCP must be signed by both the parent/guardian and the child's doctor. Each IHCP is valid for 12 months from the earliest date authorizing the plan.

Medication Procedures

No medication, with the exception of topical ointments applied to normal, unbroken skin, may be administered to a child in our program without the required paperwork on file. (Individual Health Care Plans and/or Medication Consent Forms) This includes both prescription and over the counter medications.

All staff administering non-emergency medications must have completed the "5 Rights of Medication Administration" training provided by the Department of Early Education and Care. Additionally, all staff working in the school year childcare programs are certified to identify the signs and symptoms of (A) an allergic reaction requiring emergency medication and how to administer an Epinephrine Auto-Injector and (B) a diabetic emergency through their National Safety Council's Childcare Provider First Aid Certifications, updated annually.

The Boys & Girls Club of Greater Billerica will administer medication <u>only</u> with written authorizations of the child's parent/guardian and the child's pediatrician (Medication Consent Form). A Medication Consent Form is required for any child who may need to have medication administered while in the care of the Boys & Girls Club of Greater Billerica. This form is required for ALL medication including emergency, routine prescription medication, over the counter medication, and topical medication. Each medication should be listed on its own Medication Consent Form and forms are valid for 12 months from the earliest date authorizing the plan.

- <u>Prescription medication</u>: Medication Consent Form must be signed by the Parent/Guardian The prescription label will fill the requirement for the physician's signature, however, parents must complete the information on the form based on the prescription label before signing. Instructions listed on the prescription label must match what is written on the Medication Consent Form.
- <u>Non-prescription medication</u> (*i.e. Benadryl or Tylenol*): Medication Consent Form must be completed and signed by both the parent/guardian <u>and</u> your child's doctor.
- <u>Topical Ointments and Sprays: (*i.e. Vaseline, sunscreen, bug spray, lotions*): Medication Consent Forms only require a parent/guardian signature. The signed form will be valid for one year.</u>
 - When topical ointments and sprays are applied to wounds, rashes, or broken skin, the Club will follow its written procedure for non-prescription medication which includes requiring a Medication Consent Form signed by the parent/guardian and the child's doctor.

General Guidelines for Medication Administration

- All medications, prescription and over the counter, must be given in its original container with the child's name clearly written on it. Prescription medication must have a prescription label attached.
- The first dosage must be administered by the parent at home in case of an allergic reaction.
- All medication must be kept at the program; All medications will be stored out of reach of the children. All medications that are considered "controlled substances" will be locked up and kept out of reach of children.

- The Club will maintain a written record of the administration of any medication (excluding topical ointments and sprays applied to normal skin) which will include the child's name, time and date of each administration, the dosage, and the name of the staff person administering the medication. This completed record will become part of the child's file.
- The supervising staff (Site Director or Age Group Director) will be responsible for the administration of medication. In his/her absence, only staff who have completed the appropriate trainings will administer and log the medication.
- It is the parent/guardians responsibility to replace expired medication and update forms as they expire. Expired medication will be returned to the parent/guardian.
- All unused medication will be returned to the parent.

Immunizations and Health Records

Children enrolled in School Year Childcare

All children enrolled in our school year programs must have an up-to-date health record and required immunization records on file at either: Their current elementary school (Fun Club) and/or The Boys and Girls Club.

Children enrolled in Summer Camp

All children enrolled in summer camp must have an up-to-date health record and immunization record on file with the Boys & Girls Club. These records are due prior to June 1st of the camp season.

<u>Staff</u>

All staff working with the Boys & Girls Club of Greater Billerica must have an up-to-date health record on file (dated within 24 months or 12 months of initial employment) and an immunization record with two (2) doses of the MMR vaccine and a tetanus shot dated within the last 10 years (*camp only*).

Immunizations exemptions:

In accordance with Massachusetts Law, all immunizations must be up to date unless one of the following exemptions is met:

- 1. A medical exemption is allowed if a health care provider submits documentation to the program that an immunization is medically contraindicated; or
- 2. A religious exemption is allowed if a parent submits a signed statement to program stating that immunizations are contrary to his/her sincere religions belief.

Managing Infectious Disease

The Boys & Girls Club of Greater Billerica is committed to promoting a healthy environment for the children in our program, as well as our staff. In order to maintain a healthy environment, children/staff may be excluded from the program if it is determined that any of the following exist:

- The individual's illness prevents the individual from participating in the program activities or from resting comfortably;
- The individual's illness results in greater need than the child care staff can provide without compromising the health and safety of the other children and/or staff;
- The individual has any of the following conditions: fever, unusual lethargy, irritability, persistent crying, difficult breathing, or other signs of serious illness; (individuals must be fever free for 24 hours before returning to the program)
- The individual has diarrhea;
- The individual vomits two or more times in the previous 24 hours at home or once at the Club;
- The individual has mouth sores, unless the physician states that the child is non-infectious;
- The individual has symptoms of chicken pox, lice, or strep throat

A child/staff who has been excluded from child care will not be readmitted to the program until he/she is symptom free unless they have been examined by a physician, physician's assistant or nurse practitioner, and the Club is notified in writing that they child does not pose a health risk to himself or others and is able to participate in program activities. Nevertheless, the Club may make the final decision concerning the inclusion or exclusion of the child.

Please see the table for specific exclusion and prevention policies.

Communicable Diseases

In cases of certain communicable disease, the Boys & Girls Club of Greater Billerica will contact the Billerica Board of Health within 24 hours so that control measures can be used. Parents and must notify the Boys & Girls Club within 24 hours if a child, staff or family member has developed a known or suspected communicable disease.

All parents will be notified in accordance with Board of Health guidelines if a communicable disease is reported.

Condition	Exclusion	Prevention
Chicken Pox (Varicella)	Exclude for five days after the onset of the rash OR until all lesions have dried and crusted over, whichever is later	Immunize
Perulent Conjunctivitis (Pink Eye)	Exclude until examined by a physician and approved for re-admission; Exclude for 24 hours after treatment begins for purulent conjunctivitis (red or pink conjunctiva with white or yellow discharge)	Clean hands before treating child's eye and promote good hygiene; wash hands after contact with child's eye or with discharge
COVID-19	Exclude from care for five days after day 0. Child may return on day 6 but must mask through day 10. Child may not return if symptoms are not improving.	Optional mask wearing, good hand hygiene, social distancing.
Diarrhea	Exclude when the stool is watery or decreased in form AND cannot be contained by diapers or controlled by toilet use, or if stool contains blood or mucus, or if accompanied	Wash hands after any contact with stool

Criteria for Excluding Individuals from Child Care

	by a fever	
Head Lice (Pediculosis)	Exclude until morning after treatment begins. Must be free of all nits or scabies, and free of all mites.	Avoid physical contact with infected person and their belongings. Keep belongings of children separated; wash and dry all items in contact with the infected persons
Hepatitis A	Exclude for 1 week after the onset of illness. Exclude exposed children/staff until immune globulin has been administered (<i>within 2 weeks of exposure</i>) as directed by the health department	Immunize; good hygiene
Hib	Exclude until well and appropriate antibiotics have been taken for 4 days	Immunize; antibiotics for those in contact with infected person
Impetigo	Exclude for 24 hours after treatment begins	Good hygiene; air out room daily; clean surfaces and utensils
Measles	Exclude for 4 days after rash appears	Immunize
Mouth sores	Exclude only in children who cannot control their saliva, unless the child's physician or local health department states the children is not infectious	
Mumps	Exclude for 9 days after the onset of gland swelling	Immunize
Pertussis	Exclude until 5 days of appropriate antibiotic therapy. If no antibiotics are taken, exclude for 3 weeks after onset of cough.	Immunize; antibiotics for those in contact with infected person
Rash	Exclude if accompanied by a fever or behavior change until a physician determines that the illness is not a communicable disease	
Ringworm (Tinea)	Exclude until treatment begins	Keep environment clean, dry, and cool
Rubella	Exclude for seven days after rash disappears	Immunize
Scabies	Exclude until treatment is completed	Wash/Dry items that were in contact with the infected skin; Keep belongings of children separated
Strep Throat	Exclude for 24 hours after treatment begins AND the child has a normal temperature for 24 hours	Air out room daily, clean surfaces and utensils
Tuberculosis	Exclude until the child's physician or local health department authority states the children is non-infectious	

Infection Control

All staff and children should practice a strict hand washing schedule. Hands should be washed with running water and liquid soap using friction for 15-20 seconds and dried with disposable towels. At minimum, hands should be washed before handling or eating food, after toileting or assisting children, after contact with body fluids (blood, mucus, feces, and vomit), and after cleaning areas contaminated with body fluids. Staff must wash their hands before and after administration of medication, performing cleaning tasks, and emptying trash.

When preparing snacks that are not individually packaged, all staff must wear food safety gloves, provided by the program. At Fun Club, hand-washing before snack will be done with the use of anti-bacterial hand sanitizer.

Disposable medical gloves are included in each first aid kit and must be used for cleanup of bodily fluids and bloods spills. Used gloves shall be thrown in a lined, covered container. Bloody clothes will be double bagged, labeled, and given to the parent at pick-up.

Sanitizing and Disinfecting *

Mops used for cleaning bodily fluids and thermometers must be washed with soap and water and disinfected after each use.

The following items must be monitored for cleanliness and washed and disinfected at least daily:

- Toilets and toilet seats
- Sinks and sink faucets
- Drinking fountains
- Water table and water play equipment
- Play tables
- Smooth surfaced/non-porous floors
- Mops used for cleaning
- Cloth washcloths and towel

The following items must be washed monthly (more frequently if needed) to maintain cleanliness, when wet or soiled, and before use by another child:

- Cots, mats, or other sleeping equipment
- Sheets, blankets, or other coverings
- Machine washable fabric toys

Pillows and thermometers used by the program must be covered with single-use disposable covers to prevent the spread of germs among children and staff.

* At off-site locations, sanitation and disinfection of program areas (Cafeteria and gym) will be maintained by the Billerica Public Schools janitorial staff.

Disinfectant Solutions

The disinfectant solution should be either a self-made bleach solution (1/3 tsp. standard bleach per 1 quart of water) or a commercially prepared disinfectant that has been registered by the Environmental Protection Agency as a sanitizing solution. The household bleach used to prepare a self-made solution shall have 5.25% available chlorine as hypochlorite. This solution should be labeled and stored in either a spray bottle or a bottle that is sealed with a cap, stored in a secure place, and out of reach of children.

EMERGENCY MANAGEMENT

Emergency Evacuation Plan

Evacuation drills will be practiced monthly.

In the event of an emergency situation that requires evacuation, one of the following plans will be implemented:

- 1. If evacuation has taken place during the school day, children will be evacuated to a middle school or other facility determined by the school department and transportation. The Club will be notified if the Fun Club site has been moved to ensure proper communication with parents that might contact the Club. Fun Club staff will contact parents.
- 2. If an environmental emergency is confined to the immediate area of the site (i.e. fire, toxic fumes), and the children cannot stay on the premises, the children will be brought to:
 - a. Fun Clubs will go to The Boys & Girls Club.
 - b. The Boys & Girls Club will go to the Parker Fun Club (if prior to 6 PM)
 - c. Transportation will be provided by A&F Bus Company, unless unavailable. Children will remain at the new location, accompanied by staff, while parents/emergency contacts are notified of the situation and arrangements are made for pickup.
- 3. In the event of exposure to toxic materials or gasses, and a physical examination is recommended, children will be transported to Lowell General Hospital –Saint's Campus by bus. Children will remain there, accompanied by staff, while parents/emergency contacts are notified of the situation and arrangements are made for pickup.
- 4. In the event of a major environmental hazard that necessitates a larger evacuation area, such as several neighborhoods, the children will be transported to a Red Cross designated mass shelter. Children will remain there, accompanied by staff, while parents/emergency contacts are notified of the situation and arrangements are made for pickup.

There will be a message on the voicemail at the Club should any of these situations arise.

*A more detailed plan of our emergency management procedures can be found in our Emergency Management Plan

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